

<p><b>Workshop Details</b></p>	<p><b>Does it Support My Goals?</b></p> <p><i>Children who face challenges with reading emotions in others, regulating emotions in themselves, working in groups, and making or keeping friendships can suffer significant detriments to their quality of life. The social-emotional challenges experienced by many children can impact on educational, career, relationship status, mental health, criminal justice contact and general wellbeing outcomes later in life.</i></p> <p>SAS builds capacity in the following areas:</p> <ul style="list-style-type: none"> <li>• Recognise emotions in themselves and others;</li> <li>• Express their feelings in appropriate ways;</li> <li>• Cope with feelings of anger and anxiety;</li> <li>• Understand levels of friendship;</li> <li>• Communicate and play with others;</li> <li>• Cope with team work, games, and 'losing';</li> <li>• Build and maintain friendships;</li> <li>• Cope with mistakes, transitions, and other challenges;</li> <li>• Solve social problems;</li> <li>• Detect the difference between accidents, jokes and nasty deeds;</li> <li>• Detect and understanding bullying;</li> <li>• Prevent and manage bullying and teasing;</li> <li>• Acknowledge personal strengths and goals;</li> <li>• And more.</li> </ul> <p>The program includes:</p> <ul style="list-style-type: none"> <li>• <b>Child Group Meetings:</b> delivered as 10 sessions of 90 minutes each, which includes</li> <li>• <b>Parent Group Sessions:</b> commence with a 2 hour parent information session, followed by 10 group meetings of 30minutes</li> <li>• <b>School Support:</b> Classroom teachers are educated and updated on the skills and content children are learning and how they can support the application of skills in the classroom and playground. This occurs through a varied combination of providing a series of SAS Teacher Tip Sheets, teacher consultation, school visits, and a school staff presentation.</li> <li>• <b>Missions and Mission Journal:</b> Between child group meetings, children participate in weekly tasks, including</li> </ul>
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	<p>playing educational activities within the SAS Computer Game, skills practice activities in day-to-day life and completion of a reflection journal.</p> <ul style="list-style-type: none"> <li>• <b>Skill Tracker System:</b> A short-term daily motivation tool to encourage children to practice specific skills at home and school, aligned with progression through the program.</li> <li>• <b>Assessment Measures:</b> Built-in Questionnaire booklets, observational assessment tool, computer game reporting and skill tracker cards, provide valuable information to guide clinical practice for each individual child as well as providing easy and comprehensive outcome reporting</li> </ul>
<p><b>Schedule</b></p>	<p>Cost: \$3250 Medicare and NDIS Rebates may be available</p> <p><u>2022 Schedule</u></p> <p>10 X Thursday afternoons (weekly) - includes Parent introduction session and weekly child and parent sessions.</p> <p>Term 1: Program runs from 3<sup>rd</sup> Feb – 7<sup>th</sup> April  Term 2: Program runs from 28<sup>th</sup> Apr – 7<sup>th</sup> Jul  Term 3: Program runs from 21<sup>st</sup> Jul – 22<sup>nd</sup> Sept  Term 4: Program runs from 13<sup>th</sup> Oct – 14<sup>th</sup> Dec</p>