



Cherished Minds

Child & Adolescent Psychology

WHAT YOU NEED TO KNOW ABOUT THE PROGRESSIVE RETURN TO FACE TO FACE THERAPY

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CHERISHED MINDS PROGRESSIVE APPROACH

At Cherished Minds we have the best interest of our clients, their families and staff as a priority in our planning to return to face to face therapy. In order to maintain social distancing measures we have created a progressive approach for how and when clients will return to face to face therapy. This process will begin from 1st of June.

WHEN CAN I COME INTO THE CLINIC FOR MY CHILD'S SESSION?

We appreciate that each Cherished client has their own unique set of needs and family circumstance which determine their capability to engage positively and benefit from telehealth sessions. While many clients have thrived on telehealth, others have found this mode of communication a challenge for various reasons. Based on this, practitioners will be making informed decisions about which of their clients are in most need to resume face to face therapy. There has been a maximum number of clients set for each day in order to maintain social distancing which will be strictly adhered to for the best interest of families and the Cherished Minds Team.

WHAT DO I DO IF I FEEL MY CHILD NEEDS TO RETURN TO FACE TO FACE SESSIONS?

If you feel that your child needs to return to face to face sessions you will need to discuss this with your child's treating practitioner in their next appointment.

WHAT IF THERE IS NO MORE FACE TO FACE AVAILABILITY ON MY CHILD'S SESSION DAY?

If your child's treating practitioner has agreed that it is in your child's best interest to return to face to face sessions but the maximum face to face allocation has already been filled on that day you may be able to reschedule to an alternative day. Please keep in mind that this is based on availability.



MY CHILD IS NOT FEELING WELL, CAN WE STILL COME IN FOR THERAPY?

At Cherished Minds we have the best interest of our clients, their families and the Cherished staff as paramount while we gradually return to face to face therapy. If you or your child has had a runny nose, sore throat, fever, cough or has felt unwell recently please contact the office and stay at home for a telehealth session. Likewise, Cherished minds staff will not attend face to face sessions if they are unwell. Please ensure you adhere to the cancellation policy and notify the clinic with ample notice.

WHAT ELSE DO I NEED TO KNOW?

- We ask that families limit attendance at the clinic to the client and one parent/carer
- If possible and determined appropriate by your practitioner, please wait in your car or outside of the clinic while your child is in session to reduce the number of people in the common areas such as waiting rooms
- Please do not bring unnecessary items into the clinic such as school bags and toys from home etc
- Cherished Minds will be reviewing the maximum number of clients permitted on a monthly basis and will keep you informed